

**CITY OF LOS ANGELES  
DEPARTMENT OF RECREATION & PARKS**

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**Superintendent of the West Region**  
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**Citywide Aquatics Division**

**Principal Recreation Supervisor I**  
Trish Delgado

**Aquatic Directors**  
Jon Kopitzke  
Andre Brent

**Aquatic Facility Manager II**  
Toni O'Donnell



If you have a comment or concern about the facility or programs, please feel free to speak to the pool manager or you may contact:

Citywide Aquatics Office  
3401 Riverside Drive, L.A., CA 90027  
(323) 906-7953  
[citywide.aquatics@lacity.org](mailto:citywide.aquatics@lacity.org)

Visit our website @ **LAPARKS.org**

Revised: 11/28/11

**CITY OF LOS ANGELES  
DEPARTMENT OF RECREATION AND PARKS  
CITYWIDE AQUATICS DIVISION**

**BANNING  
SWIMMING POOL**

1450 N. Avalon Blvd.  
Wilmington, CA 90744  
(310) 548 – 7420

**SPRING 2012**



**POOL HOURS - OPEN TO THE PUBLIC**

*\*Times subject to change without notice\**

**Jan 10- June 22, 2012**

Tuesday-Friday  
3:30PM-7:45PM

Saturdays & Sundays  
1:00-4:45PM

**THE POOL IS CLOSED TO THE PUBLIC ON MONDAYS**

**Spring Break Hours**

April 1-8, 2012

Sun & Sat 1-4:45pm

Tues-Fri 2pm-7pm

The pool will be open on Easter Sunday

**LAPARKS.org**

Persons with disabilities are welcome to participate in our programs and classes. Reasonable accommodations will be made with prior arrangements.

**TEAM SPORTS**

L.A. City Novice Team Sports are designed for entry-level competitors. Proof of age required. Participants compete in a department sponsored league. Participants must demonstrate an intermediate level swimming competency. Teams include Water Polo and Synchronized Swimming. All meet times and locations will be announced.

Registration: \$40.00 for one team  
\$35.00 for additional team  
(Fee includes t-shirt and awards)

A team sport awards banquet will be scheduled in June, 2012.  
Athletes who compete in two or more meets will receive participation awards.

**Water Polo**

Length of Season ..... January - May  
Workouts ..... Tues, Thu & Fri ..... 6:15-7:30pm,  
Age ..... 7- 17



**Synchronized Swimming**

Length of Season ..... January - May  
Workouts ..... Tue. & Wed. 6:00-7:00pm Fri. 5:00-6:00pm  
Age ..... 7 – 17

**Adaptive Aquatics Program**

Lessons offered - Saturdays & Sundays 1:45-2:30PM  
(Ask Pool Manager for session dates)

Special Olympic Workouts offered February-May  
Saturdays from 2:30-3:30PM  
(Please see Pool Manager for more information)



### ADMISSION FEES

CHILDREN*	(17 & Under)	FREE
ADULTS	(18 - 64)	\$2.50
ADULTS W/LIBRARY CARD (L.A. CITY LIBRARY CARD)		\$2.00
SENIORS	(65 & Up)	FREE
Persons with Disabilities		FREE

**\*NOTE:** Each child under 7 must be accompanied by an adult. The adult must be within one arm's length of the child at all times, whether on the pool deck or in the water. Children under the age of 4 must wear a swim diaper.

**PUBLIC SWIMMING** – Swim suits, swim trunks with liner (exception board shorts providing coverage), must be worn by persons in the pool area.

**LAP SWIMMING** – Adults may purchase discount lap swimming passes at \$55 for 30 admissions.

### LEARN-TO-SWIM LESSON REGISTRATION

- Pre-registration for the session begins one week prior to the session start date.
- No telephone registration.
- Fees must be paid at the time of registration. NO EXCEPTIONS.
- Make checks payable to:  
**L.A. City Department of Recreation and Parks**
- No refunds unless a class is canceled.
- Lessons are 25 minutes in length.

### LIFEGUARD TEST

#### Location:

John C. Argue Swim Stadium - (213) 763-0129  
3980 Bill Robertson Lane (formerly S Menlo Ave.)  
Los Angeles, CA 90037

#### Date & Time:

Sunday, March 4, 2012 @ 8:00am

# LEARN TO SWIM

### GROUP LESSON CATEGORIES & REQUIREMENTS

Parent/Child: 4 yrs. – 6 yrs. Children: 7 yrs. – 17 yrs. Adult: 18 & older

**Parent/Child** – Children must be accompanied by an adult in the water.

Parent and child are introduced to basic water safety and swim skills in a comfortable environment.

**Level 1 - Water Confidence** – Introduction to water safety and water acclimation.

Buoyancy in water and basic skills will be taught. Front & back glides & floats, kicking, breathing, and alternate arm action techniques are introduced.

**Level 2 - Beginner** – Continue to learn basic water safety skills and intro to combined strokes on front & back. Jellyfish and tuck floats. Intro to swimming in deep water.

**Level 3 - Advance Beginner** – Learn elementary backstroke and continue to improve front crawl. Learn dolphin & scissors kicks. Intro to diving from side of pool. Jumping into deep water & intro to treading water.

**Level 4 - Intermediate** – Learn breaststroke, butterfly, back crawl and sidestroke skills. Feet first surface dive & survival swimming. Improve diving from side of pool.

**Level 5 & 6 – Swimmer/Advanced Swimmer** – Refine strokes and learn additional aquatic skills such as front and back flip turns and sculling. Modules available for Level 6 include Fitness Swimmer, Personal Water Safety & Fundamentals of springboard diving.

An evaluation to determine the student's correct level may be requested.



*\* The classes and programs in this brochure may be subject to cancellation \**

### PRIVATE & SEMI-PRIVATE LESSONS

(Inquire with Pool Clerk or Manager for scheduling on Sat. & Sun.)

Private & Semi-Private lessons provide personalized instruction to adults and youth ages 4 and older. Lessons are 30 minutes in length. Lesson schedule is based on staff availability. Registration rules apply and participants must register for a minimum of four lessons.

#### PRIVATE LESSONS: Adult, Child, Senior, Adaptive

4 private lessons = \$80.00. Each additional private lesson = \$20.00,

#### SEMI-PRIVATE LESSONS (2 Students Only)

Adult, Child, Senior, Adaptive

4 semi-private lessons @ \$16.50 per person = \$132.00. Each additional semi-private lesson @ \$16.50 per person = \$33.00 per lesson.

### GROUP LESSONS

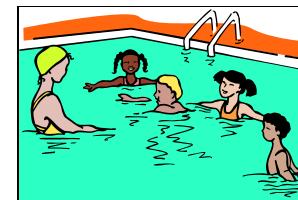
10 Lessons/5 Week Sessions  
Youth \$20.00 & Adult \$40.00 per session

#### TUESDAY & THURSDAY

1. Jan 17–Feb 16
2. Feb 21- Mar 22
3. Mar 27 –April 26
4. May 1- May 31

#### WEDNESDAY & FRIDAY\*

1. Jan 18-Feb 17
2. Feb 22-Mar 23
3. Mar 28-Apr 27
4. May 2- Jun 1



\* Some W/F classes may start late due to high school swim meets

### YOUTH LESSONS

Parents-Please have your child arrive to their lesson on time and ready to get into the water at the time the lesson is scheduled

30 min. lessons

Parent/Child..... Wed & Fri.....6:30 p.m.-7:00 p.m.

40 min. lessons

Level 1 ..... Wed & Fri..... 3:45 p.m. - 4:25 p.m.

Level 2 ..... Wed & Fri... .. 4:30 p.m. - 5:10 p.m.

Level 3 ..... Wed & Fri..... 5:15 p.m. - 5:55 p.m.

Level 4.....Tue & Thu..... 3:45 p.m. - 4:25 p.m.

Level 5.....Tue & Thu..... 4:30 p.m. - 5:10 p.m.

Level 6.....Tue & Thu.....5:15 p.m. - 5:55 p.m.

\*some W/F classes may start late due to high school swim meets

### ADULT LESSONS

40 min. lessons

Adult Non-Swimmer Tue & Thurs... 6:30 p.m. - 7:10 p.m.

Adult Swimmer ..... Wed & Fri..... 7:00 p.m. - 7:40 p.m.

