



City of Los Angeles - Department of Recreation & Parks

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Laura Beck- DISTRICT SUPERVISOR, SOUTH

**Mt. Carmel RECREATION CENTER**

Cesar Ramirez –Facility DIRECTOR

Mychal Lynch - RECREATION COORDINATOR

Deshay Scott-Recreation Coordinator

RECREATION ASSISTANTS

Michelle Biddle \* Denise Mosely \* LaTania Hill

John Brown\* Sharon Moreno \* Aurora \*

**THE CLASSES & PROGRAMS IN THIS BROCHURE MAY BE  
SUBJECT TO CANCELLATION**

*Because we love our children...we teach them to get involved, be healthy, & make better communities.*

*Porque amamos a nuestros hijos... Les enseñamos a que se involucren, estén saludables, & hacer mejores comunidades..*

City of Los Angeles

Department of Recreation and Parks

# Mt. Carmel RC



**Mt. Carmel Recreation Center**  
830 W. 70th St. LA, CA 90044  
Phone 323-789-2756  
Fax 323-565-2676

*“Persons with disabilities are welcome to participate in our classes & programs. Reasonable accommodations will be made with prior arrangements.”*

# Hours of Operation

Monday: 1230p-9p

Tuesday: 1230p-9p

Wednesday: 1230p-9p

Thursday: 1230p-9p

Friday: 1230p-9p

Saturday: 9a-5p

Sunday: Closed



## Registration Information:

Full payment is required at time of registration.

Please make all checks payable to:

City of L.A. Department of Recreation & Parks

(A \$35 collection fee will be charged for each check returned by the bank).

If paying in cash, please bring Exact Amount. We cannot make change.

**NO REFUNDS** unless the class/activity is cancelled.

All classes are subject to time and day changes.

Administration may cancel or combine activities if minimum registration is not met.

There will be no classes on Holidays, as the facility will be CLOSED.

The City of L.A. does not provide insurance. Personal insurance is needed.

The classes & programs in this brochure may be subject to cancellation.

# AEROBICS

*Guaranteed to make you sweat!*

*Ages: 12 and up*

*When: Monday, Wednesday, and Friday from 6p-7p*

*Step up Aerobics, yoga, and Zumba dancing are all incorporated to help burn off those calories.*



# SUMMER CAMP

**When: June 18– August 31st**

**Who: Boys and Girls ages 5-13**

**Monday through Friday**

**7am-6pm- \$40/week**

**10am-3pm- \$20/week**

**Field Trips, Safe Environment, Games**



# Pre-School

When: Mondays through Thursdays from 9am-12pm

Who: Boys and Girls ages 3-5

Cost: \$80 per month

Child must be potty trained

Basic preschool skills are taught such as numbers, letters, stories, educational games, and proper behavior



# Teen Club

Baseball

Field Trips

Playstation 3! Wii!

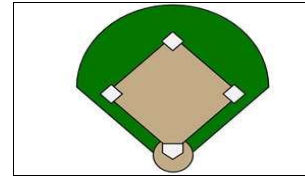
Teen Extreme— Every

Friday from 7p-10p

Free Food

Different classes

Safe environment



# Baseball

Sign Ups begin February 1, 2012

Cost is \$40 per player and it includes uniform, trophy and officials fees

Who: Boys and Girls ages 4-15

Participants will meet

Tuesdays, Thursdays, & Saturdays



# Volunteers Needed SOFTBALL

RAISE THE BAR: *Achieving Gender Equity Through a Continuous Commitment to Girls & Women in Sports*

Sign ups begin: February 1, 2012 Girls ages 8 to 16

Cost is \$15 per player and it includes uniform, trophy, and officials fees

Participants will meet Tuesdays, Thursdays, and Saturdays



## PERMIT POLICY:

## Hours of Operation

- Applications for use of facility must be submitted 4-6 weeks in advance of proposed event/use date.
- Please see Office staff for an application. Please Note: Payment is required to hold reservation.
- ALL groups, organizations, and individuals interested in Using the Mt. Carmel RC facilities are Required to obtain A PERMIT. For more information, you may contact: Cesar Ramirez

**REFUND POLICY:** There will be an administrative fee for all refunds (\$5 for monthly classes & \$20 for sports leagues) prior to the first class meeting. After the first class/game meeting, **no refunds will be issued.** If class is cancelled by staff, participants will receive a full refund of fees paid. Please note: refunds are distributed from downtown, not the facility and may take up to 8-10 weeks to be received.

# Free Snack Program

All youth 17 yrs & Younger Qualify for a free snack daily **Mondays - Fridays 3:45-4:00PM**

Handed out on a first come, first served basis. Individuals with disabilities are welcome at any age.

This federally funded program mandates that no parents are permitted in the designated distribution & eating area during snack.

Youth be able to themselves to anticipate. Snack is



must feed par-

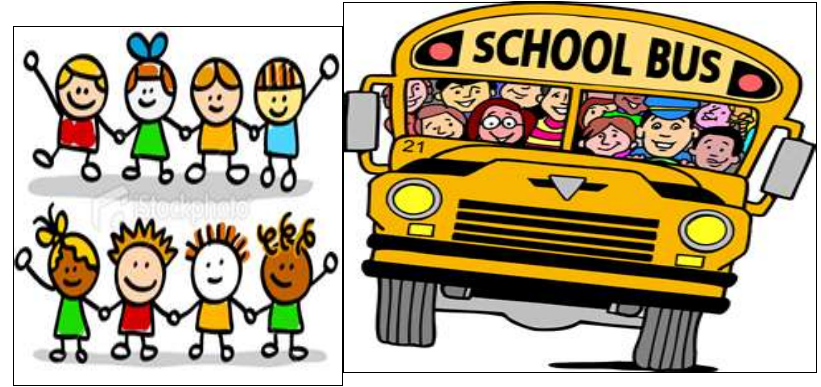
# After School Club

When: Monday through Friday from 3pm-6pm

Ages: 5-13

Cost: \$35 per month

Youth are provided with Homework Help, Snack, and recreational activities



# Tae Kwon Do

When: Tuesdays and Thursdays from 3pm-7pm

Ages: 5 and up

Cost: \$35 per month

Learn the art of self defense, respect, and discipline

