



CITY OF LOS ANGELES
MAYOR ANTONIO R. VILLARAIGOSA,

Councilmember Tom LaBonge, 4th District

DEPARTMENT OF RECREATION & PARKS

BOARD OF RECREATION & PARKS COMMISSIONERS

President: Barry A. Sanders
Vice President: Lynn Alvarez
Member: W. Jerome Stanley
Member: Jonathan Williams
Member: Jill T. Werner

ADMINISTRATION

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Regina Adams, Executive Officer
Kevin W. Regan, Assistant General Manager
Sophia Piña-Cortez, Superintendent
Carl Cooper, Principal Recreation Supervisor II
Carolyn James, Principal Recreation Supervisor I
Laura Island, Griffith District Supervisor
Louis (Luke) Euzarraga, Facility Director

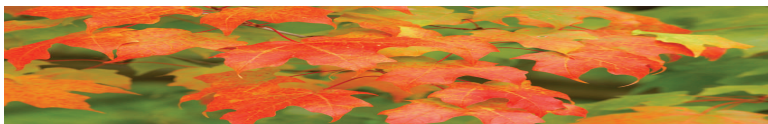
Persons with disabilities are welcome to participate in our programs. Reasonable accommodations will be made with prior arrangement.

“Achieving gender equity through a commitment to girls and women in sports.”

The Department of Recreation and Parks is proud to be part of the Mayor’s Million Trees Initiative

“Payment by checks or Money Orders only”

“A collection fee will be charged for each returned check”



City of Los Angeles

Department of Recreation & Parks

Las Palmas Senior Citizen Center

1820 N. Las Palmas Ave.

Hollywood, CA 90028

Phone: 323.465.7787

Fax: 323.465.6460

Email: laspalmas.seniorcenter@lacity.org



FALL 2011 PROGRAM



**HOURS OF OPERATION
MONDAY THRU FRIDAY**

8:00 AM to 4:30 PM

WEEKLY CLASSES AND ACTIVITIES

All classes and activities are free for the members

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MOVEMENT TO MUSIC: 10AM - 10:45 PM Jason Lee Occupational Therapy Jason Lee 10:45-11:45AM BINGO: 1 PM - 3:30 PM Lucy Waked SPANISH CLASS: 1:30 PM - 3 PM	DUPLICATE BRIDGE: 10 AM - 2:30 PM Shirley/JoAnne KARAOKE 12:30—2:00PM PERFORMANCE WORKSHOP: 2:30 PM - 4 PM Barbara/Dorothy	EXERCISE CLASS: 10 AM - 11 AM Beatrice Vasquez TAI CHI 12 PM - 1:30 PM Active Actors WEDNESDAY MOVIE: 1:30 PM - 4 PM Estella Abat	KNITTING GROUP 9-12PM Volunteers PERFORMANCE WORKSHOP: 10 AM - 12 PM Volunteers BINGO: 1 PM - 3:30 PM Lucy Waked YOGA CLASS: 1 PM - 2 PM Beatrice	BARGAIN SHOP: 9 AM - 1 PM Volunteers DUPLICATE BRIDGE: 10:30 AM - 2:30 PM Shirley/JoAnne SCENE STUDY 1PM - 2 PM Luke AUDITION PREP CLASS: 2 PM - 4:15 PM Active Actors Inc.

TRIPS AND TOURS

Cancellation Policy: There will be \$1 cancellation fee for day trips and \$3 for overnight trips. No refunds on trips cancelled within 10 working days of departure date.

PLEASE CHECK BULLETIN BOARD FOR UPCOMING TRIPS

LAUGHLIN NEVADA— NOVEMBER 14TH—NOVEMBER 16TH

3 Days and 2 nights trip to beautiful Laughlin, stay at Aquarius Casino Resort.

We will be sharing a bus with Griffith Park Adult Community.

Bus leaves Monday 9 AM and returns Wednesday approximately 4 PM

Single \$119.00, Double \$99.00 per person

NUTCRACKER SUITE DECEMBER 11TH

We will be attending a performance of the Ballet Special performed by the Red Chair of Performing Arts children. at the Alex Theater in Glendale. Bus will leave approximately 11:30 and be returning at 4:00PM Cost will be \$37

Call Orin Craft or Judy Barretrt 323 461-7662 for more information

UPCOMING SPECIAL EVENTS

OCT. 27TH —HALLOWEEN BOO SHOW & PARTY—10:30— 12:30 PM

Singing, dancing, costume parade, refreshments, raffle & more

NOV. 23RD—THANKSGIVING CELEBRATION—11 AM– 12:30 PM

Thanks giving Lunch and entertainment.

DEC. 22ND—HOLIDAY SHOW & PARTY—10:30 AM– 12:30 PM

Enjoy performance by Las Palmas performers. Holiday music sing-a-long. Free lunch for the members provided by Las Palmas Club.

ONCE A MONTH

Las Palmas Board of Directors Meeting : 3rd Friday of the month 9-10AM

Las Palmas General Membership Meeting: 4th Friday of every other month 9-10AM

Blood Pressure Screening: 4th Thurs of the month 9-1PM by J. Conerly, RN

Birthday Party: Last Friday of the month. We celebrate all birthdays for the month with cake and ice cream for all members in attendance

HOT LUNCH: MONDAY - FRIDAY 11:30 AM

LUNCH MGR - TERESITA LUMBRE

SNACK BAR: 8:30 AM - 2:30 PM - JAE CUSTIS

CLUB MEMBERSHIP : \$6.00 PER YEAR

AVAILABLE EVERYDAY



PING PONG



CARDS



POOL



BOARD GAMES



EXERCISE BIKE



Oct 31 Happy Halloween



Nov 24 Happy Thanksgiving



Dec 25 Merry Christmas