

CITY OF LOS ANGELES
ANTONIO R. VILLARAIGOSA, MAYOR
PAUL KREKORIAN, COUNCILMEMBER 2ND DISTRICT

DEPARTMENT OF RECREATION AND PARKS
BOARD OF COMMISSIONERS
BARRY A. SANDERS, PRESIDENT
LUIS A. SÁNCHEZ, VICE-PRESIDENT
W. JERORME STANLEY, JOHNATHAN WILLIAMS
AND JILL T. WERNER

DEPARTMENT OF RECREATION AND PARKS
ADMINISTRATION
JON KIRK MUKRI, GENERAL MANAGER
REGINA ADAMS, EXECUTIVE OFFICER
KEVIN REGAN, ASSISTANT GENERAL MANAGER /
OPERATIONS WEST

VALLEY REGION
RAMON BARAJAS, ACTING SUPERINTENDENT
CHARLES SINGER, PRIN. REC. SUPERVISOR II
RANDY KELLY, NORTH VALLEY DISTRICT SUPERVISOR
BARBARA PLEASANT, ACTING PRIN. GROUNDS
MAINTENANCE SUPERVISOR II
ALLAN MOLINE, ACTING CONSTR./MAINT. SUPERVISOR II
KATHLEEN HANOVER, ACTING SR. PARK MAINTENANCE SUPERVISOR
GONZALO REBOLLO, PARK MAINTENANCE SUPERVISOR

SUNLAND RECREATION CENTER STAFF
ROBERT M. WHITE, SENIOR RECREATION DIRECTOR I
JOHN RUIZ, RECREATION COORDINATOR
BRANDY RICKMAN, RECREATION ASSISTANT

MAINTENANCE STAFF
FRANCISCO AUTRAN, GARDENER CARETAKER
JOSE BRICENO, GARDENER CARETAKER

CITY OF LOS ANGELES
DEPARTMENT OF RECREATION AND PARKS

FIELD TRIPS
SPECIAL EVENTS



SUPPORT GROUPS
NUTRITION PROGRAM

SUNLAND SENIOR CITIZENS CENTER



"SERVING THE SUNLAND - TUJUNGA AREA AND THE
SURROUNDING FOOTHILL COMMUNITIES"

8640 FENWICK STREET
SUNLAND, CALIFORNIA 91040
(818) 353-9571

SCHEDULE OF ACTIVITIES, CLUBS AND PROGRAMS

JANUARY 2011 THRU JUNE 2011

*For additional information, go to the
department website: www.laparks.org*

CLASSES AND ACTIVITIES

CLASS / ACTIVITY	DAY	TIME
WALKING FOR HEALTH	MONDAY	9:30AM
EXERCISE VIDEO	MONDAY	10:00AM
NUTRITION PROGRAM	MONDAY	11:30AM
MONDAY MOVIE	MONDAY	12:15PM
SENIOR HOOPS	MONDAY	1:30PM
CARD PLAYING	TUESDAY	9:00AM
KNITTING/CROCHET	TUESDAY	10:00AM
NUTRITION PROGRAM	TUESDAY	11:30AM
LINE DANCING	TUESDAY	12:30PM
PAINTING	TUESDAY	1:30PM
QUILTING CLUB	TUESDAY	1:30PM
CARD PLAYING	WEDNESDAY	9:00AM
FOOTHILL FUNSTERS	WEDNESDAY	9:00AM
KNITTING/CROCHET	WEDNESDAY	10:00AM
NUTRITON PROGRAM	WEDNESDAY	11:30AM
BINGO	WEDNESDAY	12:30PM
CARD PLAYING	THURSDAY	9:00AM
SENIOR CLUB	THURSDAY	9:00AM
WALKING FOR HEALTH	THURSDAY	10:00AM
NUTRITION PROGRAM	THURSDAY	11:30AM
BINGO	THURSDAY	12:30PM
CARD PLAYING	FRIDAY	9:00AM
WALKING FOR HEALTH	FRIDAY	9:30AM
EXERCISE VIDEO	FRIDAY	10:00AM
NUTRITION PROGRAM	FRIDAY	11:30AM
CREATIVE CRAFTS	FRIDAY	12:00PM
FRIDAY MOVIE	FRIDAY	12:15PM

THE SENIOR NUTRITION PROGRAM IS A LOW COST, HOT MEAL SERVED DAILY. SUGGESTED COST IS \$2.50 PER PERSON.

TRANSPORTATION INFORMATION

NORTHEAST VALLEY MULTIPURPOSE CENTER: (818) 834-6100

CITY RIDE: (818) 908-1901

FOOTHILL SHUTTLE: (818) 808-7433

SPECIAL EVENTS AND ACTIVITIES



TUESDAY, FEBRUARY 15TH - VALENTINE'S DAY

WEDNESDAY, MARCH 16TH - ST. PATRICK'S DAY



THURSDAY, APRIL 21ST - SPRING / EASTER

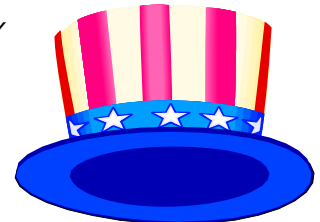


THURSDAY, MAY 5TH - MOTHER'S DAY

THURSDAY, JUNE 30TH - FATHER'S DAY / 4TH OF JULY



SPECIAL EVENTS ARE SPONSORED BY THE SUNLAND SENIOR CENTER AND THE SENIOR NUTRITION PROGRAM STAFF. IT IS STRONGLY SUGGESTED THAT FOR EACH SPECIAL EVENT LUNCHEON - PATRONS PRE-REGISTER WITH THE NUTRITION PROGRAM STAFF



"PERSONS WITH DISABILITIES ARE WELCOME TO PARTICIPATE IN OUR PROGRAMS. REASONABLE ACCOMMODATIONS WILL BE MADE WITH PRIOR ARRANGEMENTS."

"THE CLASSES AND ACTIVITIES IN THIS BROCHURE MAY BE SUBJECT TO CANCELLATION."

HOURS OF OPERATION: MONDAY THRU FRIDAY - 9:00AM TO 5:00PM

NUTRITION HOURS: 8:30AM TO 1:00PM

LUNCH IS SERVED MONDAY THROUGH FRIDAY AT 11:30AM

NUTRITION TELEPHONE: (818) 353-1413

SUNLAND SENIOR CENTER: (818) 353-9571

SUNLAND RECREATION CENTER: (818) 352-5282