



City of Los Angeles  
 Department of Recreation and Parks  
 Valley Sports Office  
 6911 Laurelgrove Ave.  
 North Hollywood, CA 91605  
 (818) 765-0284, (818) 764-5794 fax  
[Flagfootball.munisports@lacity.org](mailto:Flagfootball.munisports@lacity.org)



### 2011 Flag Football Fact Sheet

TOPIC	DESCRIPTION
Registration	<ul style="list-style-type: none"> <li>• Registration by teams only.</li> <li>• Individuals may register for the free agent list.</li> <li>• Registration will be accepted starting July 5 and will continue until the league fills or 5pm on Friday, July 22.</li> </ul>
Individual Players	<ul style="list-style-type: none"> <li>• Players seeking to join a team can email the sports office with the following information: Name, Age, Phone number, Experience, and positions played.</li> <li>• We will compile a list and circulate it to the team managers. In the event that our list should increase to the point that there would be enough individuals to form a team, a meeting and practice will be scheduled with the goal of establishing a team.</li> </ul>
Types of League	<ul style="list-style-type: none"> <li>• 7-on-7 , traditional, blocking allowed</li> <li>• 5-on-5, non-contact, similar to NFL Flag</li> </ul>
League Starts	<ul style="list-style-type: none"> <li>• League is tentatively scheduled to start on Sunday, September 11.</li> <li>• Regular season will consist of 12 games plus playoffs for teams that qualify.</li> </ul>
Manager’s Meeting	<ul style="list-style-type: none"> <li>• Monday, August 22, 7:30pm site TBA.</li> </ul>
Games	<ul style="list-style-type: none"> <li>• Will be played on Sundays at Eagle Rock Recreation Center.</li> <li>• Game Times vary between 9am and 4pm pending total number of teams.</li> </ul>
League Web Site	<ul style="list-style-type: none"> <li>• <a href="http://laparks.org/dos/sports/flagfootball.htm">http://laparks.org/dos/sports/flagfootball.htm</a></li> <li>• Web site consists of various league information, in addition, all forms pertaining to the league may be downloaded from this site.</li> </ul>
E-mail address	<ul style="list-style-type: none"> <li>• <a href="mailto:Flagfootball.munisports@lacity.org">Flagfootball.munisports@lacity.org</a></li> </ul>
Holidays	<ul style="list-style-type: none"> <li>• November 27, December 25, and January 1</li> </ul>
For More Information	<ul style="list-style-type: none"> <li>• Contact David Gadelha at <a href="mailto:david.gadelha@lacity.org">david.gadelha@lacity.org</a></li> </ul>



